

# EXPERIENCE HYDROMASSAGE



## FOR RECOVERY

It's not just how hard you train, but it's also how well you recover.

HydroMassage feels great on sore, tired muscles after a workout, but that's only the beginning.

HydroMassage helps relieve muscle soreness, stiffness and tension. It also provides temporary relief of minor aches and pains.



## FOR RELAXATION

For the days when you need a 10-minute break from the world, HydroMassage is ready for you.

Soothing waves of warm water help reduce levels of stress and anxiety. Think of it as a mini vacation that you can take everyday!

Personal care, wellness and relaxation has never felt this good.



## FOR REJUVENATION

With fitness and proper nutrition, massage is a great complement to your healthy lifestyle.

HydroMassage can provide increased circulation in local areas where massaged. Relax and allow yourself to feel refreshed and rejuvenated.

Use HydroMassage today and your body will thank you tomorrow

**HYDROMASSAGE**