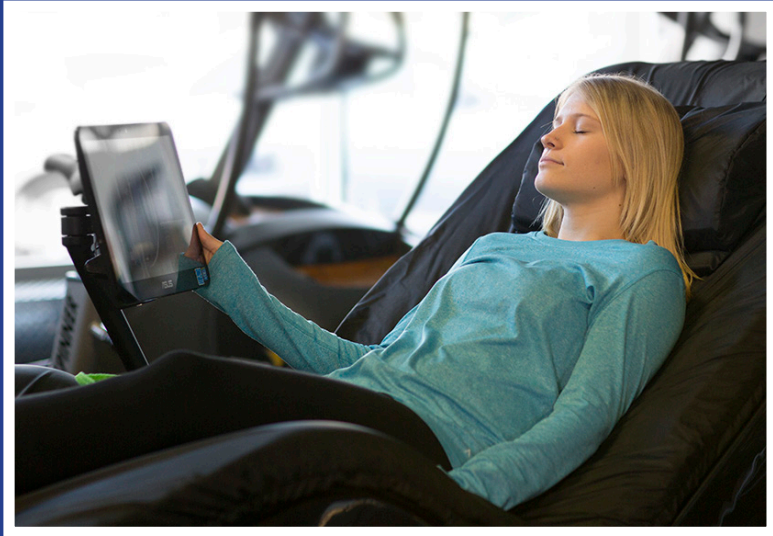


More Than
“FEEL
GOOD”



“What a person does AFTER exercise is AS important as what they do DURING exercise. Nutrition, rest, and massage are all VITAL aspects of continued physical improvement.”

- Harry Marra, USA National Decathlon Team Coach 1990 - 2000

Why you should finish your workout with HydroMassage®

We've invested in HydroMassage because we know how important recovery is to your overall fitness plan.

At our club, we're advocates for a balanced approach to fitness which includes hard work, but then also treating your body well by getting the right nutrition, enough rest, and recovering properly.

HydroMassage Benefits:

- Post-workout cool-down
- Stress relief
- Helps with muscle soreness and tension

The fact that HydroMassage feels great is an added bonus.

So, take 10 minutes and enjoy HydroMassage today.

Your body will thank you.

HydroMassage - 15395 Roosevelt Boulevard - Clearwater, FL 33756

www.HydroMassage.com - 800-699-1008 - info@hydromassage.com

